

■ 2歳～3歳児
 ■ BABY
 ■ KIDS
 ■ BOYS
■ Jr
 ■ STARTER
 ■ BASIC
■ 多目的

| | MON | TUE | WED | THU | FRI | SAT | SUN |
|----|----------------------------------|---------------------------------|-----------------------------------|--|---------------------------------------|------------------------------------|-----------------------------------|
| 9 | | | | | | 9:30~10:00 YUNA | |
| 10 | | | | | | 10:10~11:00 YUNA HIP HOP | |
| 11 | | | | | | 11:10~12:00 YUNA HIP HOP | |
| 12 | | | | | | | |
| 13 | | | | | | 13:00~13:50 障がい者クラス HIP HOP | |
| 14 | | | | | | 14:00~15:00 障がい者クラス HIP HOP | |
| 15 | | | | | | | |
| 16 | | | | | | 16:00~16:50 HITOSHI EXERCISE | |
| 17 | | | | | 17:00~17:50 SANAЕ HIP HOP | | |
| 18 | 18:00~18:50 TORU HIP HOP | 18:00~18:50 ERIKO HIP HOP | 18:00~18:50 CHIKARA BREAKIN | 18:00~18:50 ABESU WAACK | 18:00~18:50 SANAЕ HIP HOP | 18:00~18:50 TORU HIP HOP | 18:00~18:50 HITOSHI HIP HOP |
| 19 | | 19:00~19:50 ERIKO HIP HOP | 19:30~20:45 HITOSHI HIP HOP | 19:15~20:05 KOTOMI K-POP (男性アーティスト) | 19:15~20:05 SANAЕ GIRL'S HIPHOP | 19:30~20:20 TORU HIP HOP | |
| 20 | 20:00~20:50 KUMIKO HIP HOP | 20:15~21:30 ERIKO HIP HOP | 21:00~22:15 ERIKO HIP HOP | 20:30~21:20 TORU HIP HOP | 20:30~21:20 SANAЕ GIRL'S HIPHOP | | |
| 21 | 21:15~22:30 KUMIKO HIP HOP | | | | | 21:00~22:15 TORU HIP HOP | |
| 22 | | | | | | | |
| | MON | TUE | WED | THU | FRI | SAT | SUN |